

FIRST AND LAST NAME:

BIRTH IDENTIFICATION NUMBER:

TELEPHONE CONTACT:

MAIL ADDRESS:

1. PERSONAL MEDICAL HISTORY

Are you being treated for any of the conditions listed below?

Diabetes yes no from which year:

High blood pressure yes no from which year:

High cholesterol yes no from which year:

Heart disease yes no from which year:

Other

(overcome illnesses, follow-up with specialist doctors, operations, accidents, infection diseases - e. g. hepatitis, etc., please also indicate the year/your age when they occurred)

2. FAMILY MEDICAL HISTORY (PARENTS, SIBLINGS, CHILDREN)

Has anyone been treated for one of the following conditions?

Diabetes yes no how many family members:

High blood pressure yes no how many family members:

Cardiovascular diseases yes no how many family members:

Tumor diseases yes no how many family members:

type:

Blood clotting disorder yes no how many family members:

Other

(overcome illnesses, follow-up with specialist doctors, operations, accidents, infection diseases - e. g. hepatitis, etc., please also indicate the year/your age when they occurred)

3. ALLERGIC MEDICAL HISTORY

(for medicines, food, other substances)

4. WORK MEDICAL HISTORY

(e.g. job classification, smoking in the workplace, working with chemicals, outdoors, in the cold, working at night, overtime...)

5. TAKING MEDICATION

(long-term, as needed, nutritional supplements, other)

6. TRAVEL MEDICAL HISTORY

(please specify especially exotic, tropical countries you have visited + year of stay)

7. GYNAECOLOGICAL MEDICAL HISTORY (FOR WOMEN ONLY)

Menstruation from which year:

Cycle regular yes no

Hormonal contraception yes no

Number of births

Number of abortions

Menopause from which year:

8. COMPLETED OPERATIONS

year type

year type

year type

year type

year type

9. USE OF HARMFUL SUBSTANCES

coffee from which year/ number per day /

cigarette from which year/ number per day /

alcohol from which year/ number per day /

addictive substances from which year/ number per day /

10. COMPLETED VACCINATIONS

(e.g. against hepatitis, pneumococcus, tick-borne encephalitis, Covid-19, tetanus, influenza and others)

11. VITAL FUNCTIONS

Sleep

(falling asleep, waking up at night, urinating at night, feeling rested after waking up...)

Appetite

(how many times a day do you eat, regularity, do you suffer from hunger, sweetened drinks, diet)

Weight stable yes no

Height

Stool regular yes no painful yes no admixture of blood yes no

Urination burning yes no cutting yes no

Movement/sport

12. HEALTH PROBLEMS

(chronic, acute)

13. THE REASON FOR CHOOSING YOUR EXAMINATION

DATE:

SIGNATURE: